

## Logistics Advisory

### Building Resilience: Women human rights defenders and journalists collaborating against gendered misinformation

#### Travel Documents

- Make sure your passport is valid for at least 6 months from your entry date, with at least 2 blank pages.
- Carry a valid visa if required for entry.
- Have accommodation confirmation and a copy of your return flight ticket.
- Although not mandatory, it's recommended to carry a copy of your Covid-19 vaccination certificate.
- Don't forget to bring this logistics advisory along with you in print or digital form on your phone.

#### COVID-19 Information

- No Proof of Vaccination or COVID-19 test results are needed for entering Thailand.
- No Thailand Pass or Certificate of Entry (COE) required, and no mobile app download needed.
- Travel Insurance is highly recommended for your trip.

#### Venue and Accommodation

- Your single room accommodation is booked at Pullman Bangkok Hotel G.
- Hotel Address: 188 Silom Road, Bangrak, 10500 Bangkok, Thailand.
- Phone: +66 2352 4000
- Email: H3616@accor.com
- Website: <https://www.pullmanbangkokhotelg.com/>

#### Local Airport Transportation

- You have to arrange transport from your origin city to the airport and airport to city when you return.
- APC & MMfD will reimburse you equivalent to USD 100 for your local transportation from your city to airport and return, no receipt required against this amount.
- If your local travel costs exceed the reimbursement, inform us beforehand for approval. Provide supporting documentation (receipts) if required.

#### Bangkok Airport Transport

- You have to arrange transport yourself from the airport to hotel Pullman G and after the event you will again arrange your transport from hotel to airport in bangkok.
- MMfD & APC will reimburse a total equivalent to USD 50 for your both trips.
- There are several options for public transport services at the Suvarnabhumi Airport, you may find official limousine and bus shuttle services at the 2 nd Floor (Arrivals), and public bus and taxis on the 1 st floor.
- If your cost increases MMfD & APC will not reimburse the extra amount.

### **Meals and Per Diem Meals**

- Breakfast is provided with your accommodation at Pullman Bangkok Hotel G.
- Lunch will be included during the Consultation meetings.
- Any personal expenditures at the hotel are not covered, please pay for any extras during check-out.
- An equivalent to USD 25 per diem will be disbursed onsite in cash to cover dinners during your participation in the consultation.

### **Travel Insurance**

- If you do not have travel insurance, please get one before traveling, APC will reimburse this cost for you up to an equivalent to USD 35 limit. Keep the original invoice/receipt as it will be requested as a support document.

### **General Information Currency and ATM Services**

- The official currency of Thailand is the baht (THB).
- Exchange rate is about THB 37.60 to 1.00 US dollar.
- Prefer official cash exchange facilities at the airport for currency exchange.
- ATMs are available at the airport and nearby the hotel for cash withdrawals.

### **Communication**

- To get a local SIM card, visit AIS, DTAC, or TrueMove with proof of identity (passport). It is conveniently available at the airport or 7-Elevens.

### **Water**

- Bangkok's tap water is safe for non-consumption use (brushing teeth, showering, etc.).
- Prefer filtered water to avoid health issues.

### **Green Practice**

- Conserve electricity, water, and minimize waste.
- Travel with a reusable water bottle.

### **Climate**

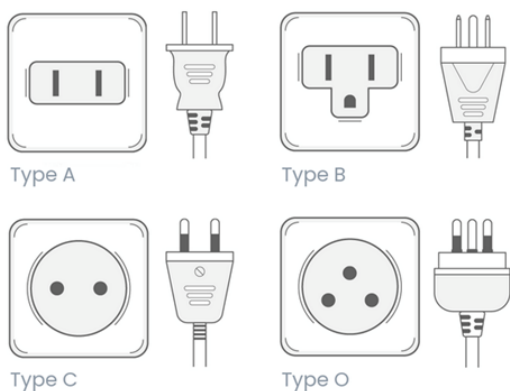
- Bangkok has a tropical climate, hot throughout the year.
- Dry season: November to April, Rainy season: mid-May to October.
- Consider packing a windbreaker or light jacket.

## Safety

- Bangkok is generally safe, but take precautions like avoiding unfamiliar areas alone and walking in the dark with valuables.

## Electrical Outlets

- Bangkok uses power outlets and plugs of types A, B, C & O.
- Standard voltage: 220V, Standard frequency: 50Hz.



## Important contacts/information

- Medical emergency helpline: 1669
- Police helpline number: 191
- Closest international hospitals:
  - ❖ The Bangkok Christian Hospital / 750m
  - ❖ Saint Louis Hospital / 850m
  - ❖ BNH Hospital / 1.2km

**If you want help with any urgent matter or queries, please reach out to Zafar Nizamani, Mobilization Manager at Media Matters for Democracy**

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